



## Working at Height

### Course Objectives:

This course is designed to give delegates an understanding of the regulations, and what they mean for the employee as well as the employer.

### Who Should Attend?

Anyone who works at height and health and safety supervisors / managers.

### Course Content:

At the end of the course, delegates will have understand the following:

- Health and Safety Law and Working at Height Regulations
- Duties of the employer
- Duties of the employee
- Defining 'Working at Height'
- How to identify the root cause of accidents in relation to working at height
- Safe use of equipment – ladders, steps, towers, MEWPS
- Risk assessment
- Inspecting equipment

On completion of the course delegates will receive a Certificate of Attendance.

**Duration:** 1 day

