



Inspection of Fall Arrest/Restraint Equipment

Course Objectives:

This course is designed to ensure delegates are aware of both the legal and best practice requirements whilst using relevant fall protection equipment.

Who Should Attend?

Anyone who is required to work at height and who uses fall arrest equipment.

Course Content:

At the end of the session delegates will have covered the following:

- Personal protective equipment regulations 1992
- Types of fall arrest & restraint systems
- Inspection process
- Correctly don a safety harness
- Reporting & recording of inspections
- Maintenance

At the end of the course delegates will receive a certificate of attendance.

Duration: ½ day

