



## General Health and Safety Awareness

### Course Objectives:

This course is designed to provide delegates with an understanding and appreciation of Health & Safety legislation, how this is put into practice and the impact it has on individuals whilst at work.

### Who Should Attend?

Suitable for all employees.

### Course Content:

At the end of the course, delegates will have covered the following:

- Health and Safety law
- The principals of accidents and accident prevention
- Manual Handling
- Display screen equipment
- Workplace hazards
- Electrical safety
- Fire safety and prevention

Benefits of attending this course include:

- Legislation compliance
- Improved safety culture and staff morale
- Reduced risk of accidents and incidents
- Reduced risk of claims and absenteeism

On completion of the course delegates will receive a Certificate of Attendance.

**Duration:** 1 Day

